

# Cystogram

We look forward to seeing you for your appointment.  
Please follow these instructions:

- Arrive at least 15 minutes prior to your test.
- This test takes images of your bladder while your bladder is filling with contrast and is full.
- If you don't have a catheter already in place, a small urinary catheter will be inserted by a nurse into your bladder.
- During the exam you will lay on the x-ray table. Contrast material will be in a bottle that is connected to the catheter. Contrast will be dripped into your bladder through the catheter, during which time, the radiologist will take x-rays.
- After the x-rays are taken you will be asked to urinate to empty your bladder of the contrast. If you already had the catheter in place prior to the exam, the contrast may be removed by syringe or by draining into your catheter bag. Another x-ray may then be taken.

## Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: [UniversityRadiology.com](http://UniversityRadiology.com)

## Bring your prescription, insurance card, and photo ID

They are required for this procedure.

## Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

## Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

## Questions?

Call **800-758-5545**